

*Please join us for the
44th Annual Meeting*

“Midwestern Conference on Health Care in the Older Adult”

A Geriatric Refresher

Friday January 27, 2023

7:45 AM to 4:30 PM

This will be held Virtually on Zoom.

Check us out and Register here: [Register](#)

Sponsored by The University of Iowa Roy J. and Lucille A. Carver College of Medicine, the Departments of Family Medicine and Internal Medicine, and the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U1QHP28731, Geriatrics Workforce Enhancement Program (Iowa GWEP).



Annual Midwestern Conference on Health Care in the Older Adult

Friday January 27, 2023
Virtual Session

0745-0755 Zoom Link Opens

0755-0800 Welcome and Introductions – Nick Butler, MD, MBA

0800-0845 Keynote: What Goes into a Guideline? Jeffrey Quinlan, MD, FAAFP,
Chair and DEO University of Iowa Family Medicine

0845-0930 Value-Based Care and the Future of Medicare – Nicholas Butler, MD, MBA, & Kate Klefstad MHA

0930-1015 How Do We Define Older Adult Hypertension? Managing Differences in Guidelines –
Michael Ernst PharmD, FCCP, BCGP, & Jason Wilbur, MD, Milena Gebaska, MD, PhD

1015-1030 Break

1030-1115 Yes, it is Expensive. Here is Why You Should Order it. How Adherence to Guidelines Reduce
Costs and Improves Outcomes- Kevin Schleich, PharmD, BCACP, & Scott Larson, MD

1115-1200 Guideline Update -Vaccinations for Older Adults–Margo Schilling, MD

1200-1255 Lunch With Small Breakout Rooms for Discussion and Networking

1255-1300 Welcome Back

1300-1330 Cognitive Impairment and Patient Autonomy: Ethical Considerations and Practical Approaches
in Clinical Care“ – Aaron Kunz, DO, MA, MME

1330-1400 Culturally Responsive Care for the Elderly – David Moser, PhD

1400-1430 The Future of Long-Term Care – One Person’s Perspective –Kim Bergen-Jackson, PhD, RN-BC, LNHA

1430-1445 Break

1445-1515 Delirium in the Nursing Facility (Mini Case Study) –Scott Eberly, MD

1515-1545 Determining Appropriate Gait Assistive Devices (Mini Case Study) – Thomas Steffen, PT, DPT

1545-1615 Loss, Errors, and Burnout in the Health Professions- Karla Hemesath, PhD

1615-1630 Wrap-up - Nicholas Butler, MD, MBA



Designed for primary care providers and allied health professionals this program focuses on clinical guidelines and care quality in conditions common to older adults.

Determination of educational content for this program and the selection of speakers are responsibilities of the program director. Firms providing financial support did not have input in these areas.

DISCLOSURE POLICY: University of Iowa Roy J. and Lucille A. Carver College of Medicine adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. All relevant financial relationships have been mitigated prior to the commencement of the activity.

GENERAL INFORMATION

Credit

The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Physicians: The University of Iowa Carver College of Medicine designates this live activity for a maximum of *6.75 AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: Effective March 18, 2020, Iowa nurses may use participation in ACCME-accredited education toward their CE requirement for licensure. A certificate of participation will be available after successful completion of the course. (Nurses from other states should confirm with their licensing boards that this activity meets their state's licensing requirements.)

Other Professionals: A Certificate of Attendance will be provided.

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Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Continuing Medical Education Division in advance at 319-335-8599.

Purpose

Designed for primary care physicians, nurses, social workers, and other healthcare professionals, this conference instructs participants in the diagnosis, treatment, and management of conditions common in older adults. This year's program focuses on care of persons with major neurocognitive disorders.

Objectives

Upon completion of this program the learner should be able to:

- Explore how clinical guidelines are developed
- Discuss value-based care and the future of Medicare
- List factors to consider in applying hypertension guidelines to clinical practice
- Explain how adherence to guidelines can reduce care costs and improve patient outcomes
- Review guidelines for vaccinations for older adults
- Identify methods to remediate loss, errors, and burnout in health care professionals
- Discuss the future of nursing facility-based care
- Identify delirium in the nursing facility setting
- Determine appropriate assistive devices for older adults with mobility impairments
- Explore the ethics of cognitive impairment and autonomy
- Describe culturally responsive health care for older adults

FACULTY

Nicholas Butler, MD, MBA
Jeffrey Quinlan, MD, FA AFP,
Kate Klefstad, MHA
Michael Ernst, PharmD, FCCP, BCGP
Jason Wilbur, MD
Milena A Gebska, MD, PhD
Kevin Schleich, PharmD, BCACP
Scott T. Larson, MD
Margo Schilling, MD
Aaron Kunz DO, MA, MME
David Moser, PhD
Scott Eberly, MD
Thomas Steffen, PT, DPT
Karla Hemesath, PhD

University of Iowa

Clinical Associate Professor of Family Medicine
Clinical Professor, Chair and DEO Donald J. and Anna M. Otilie Chair in Family Medicine
HC Svcs Associate Director
Clinical Professor Department of Family Medicine
Clinical Professor of Family Medicine Mary Ristine Brodie Geriatrics Education Professor
Clinical Associate Professor of Cardiology
Pharmacy Specialist
Clinical Assistant Professor of Family Medicine
Clinical Professor of Internal Medicine & Family Medicine
Clinical Assistant Professor of Family Medicine
Director of Educational Outreach
Clinical Assistant Professor of Family Medicine
Physical Therapist Physical Medicine & Rehabilitation
Clinical Associate Professor of Family Medicine

Guest Faculty

Kim Bergen-Jackson PhD, RN-BC, LNHA

Oaknoll Retirement Residence Administrator



Planning Committee

Nicholas Butler, MD, MBA Course Director
Jeanette Daly, RN, PhD
Gretchen Schmuck, MSW, LISW
Jason Wilbur, MD
Rae Ann Hosier

Registration Information

Registration Information

Pre-registration is required for the 2023 Midwestern Conference on Health Care in Older Adults. Course fees include registration, tuition and online handouts.

Presentation Handouts will be on-line. You will receive more information about handouts after registering.

Registration Fees: Registration Deadline January 14, 2023.

\$75.00 Primary Care Providers

\$50.00 Other Allied Health Professionals and Students

Late Registration Fees: Registration Deadline January 24, 2023

\$125.00 Primary Care Providers

\$75.00 Other Allied Health Professionals and Students

Refund:

All but \$25.00 of the fee is refundable if inability to attend is made known on or before January 21, 2023.



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Friday, January 27, 2023 Annual Meeting

Two ways to register: Online or by Mail.

Register Online at: Secure on-line registration is now available on the CME Web site: [Register Here](#)

Mail: (Checks Only)

Please Print Clearly:

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